



## CHASE PERFECTION TO CATCH EXCELLENCE

**Dr. A. John**

Every society defines its values and what its values as excellence in education. It has become customary to measure quality of education in terms of how students do international assessments. Defining educational excellence today assumes a more corporate language where performance can be clearly defined, quantified and managed. Many an occasion educational excellence is narrowly defined in terms of performances which are defined and advocated by corporate interests. At times narrations and pseudo tongues on excellence are begotten by institutions and industries that strive for existence. Hence we need to keep keen watch to articulate clear and high ideals of excellence.

It is safe belief that excellent minds would beget excellent thoughts on excellence. It is our earnest desire to shoulder up to the heights of great thinkers and muse on their whispers on excellence. John W. Gardener unlds the secret that, "Excellence is doing ordinary things extraordinarily well". The message is that aspirants for achievements and accomplishments must first open their eyes

to the greatness of small and seemingly insignificant things in life. Quite similar the way Einstein said, "Excellence is doing a common thing in an uncommon way". The very same precept is encapsulated in the following anonymous quote: "If a man is called to be a street sweeper, he should sweep streets even as a Michelangelo painted, Beethoven composed or Shakespeare wrote poetry". Listening to Sir. Visweswarayya, the illustrious Kannadiga, a neighbor of us who built the Krishna Raja Sagar Dam imparts a rare lesson on excellence. His words beautifully exemply the concept of excellence and keenly portray the value and primacy of the small things in life. He advised, "When you sweep to clean your house and premises do it so intently that the place you clean must become the most tidy and clean place in the whole world".

Attitudes and habits have a quality adding up effect that contributes to develop excellence in various ways. Proper attitudes and habits would definitely culminate in extraordinary qualities. "Excellence", in Ralph Marston's

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## TECHNO LIFE JACKET FOR CLASSROOM PRACTITIONERS

**Dr. Laji Varghese**

A teacher who tries to keep abreast with the world of technology is fighting the wrong battle, like posting the wrong message in the wrong group. Firstly, the profession often may not require such meticulous updation, thus putting the blame on his / her own vanity or fancy or interest, as the onlooker may think is appropriate. Secondly and obviously the average teacher may not earn enough to techno-surf after paying all bills and taxes. Thirdly the technological change is picking up unreasonable pace and may leave a 40+ pedagogue haffled. For these reason and many more, the teacher can choose not be techno-savy. But this will widen the gap between the unknowing teacher and the tech-savy learner.

On the contrary if the Pedagogue has made up the mind to be a 'netizen' and live a life of technological plenitude, the story changes. To begin with, the teacher must have a valid google account, a decent email ID from which the the recipient can recognize the sender and the knowledge

to use google services such as drive, docs, forms, scholar etc. These features can enable the teacher to maintain a track record of the daily teaching learning activities effectively and without the additional strain of document creation and recording. The teacher should maintain a softcopy of certificates and curriculum vitae, be equipped with an e-visiting card and have a repertory of teaching materials on the cloud.

The teacher should subscribe to advanced levels of mail and data security. The use of a legally purchased operating system with necessary firewall and anti-virus protection may provide the required safety for online purchases and e-banking. The teachers may thus choose to follow a middle path, avoiding over-indulgence in the ever-changing sea of gadgets, while at the same time saving themselves the shame of being in the dark by ignoring the technological changes around.



## INAUGURATION OF POPULAR SCIENCE CENTRE AND ROBOTICS DESIGN



As part of popular science centre, Mar Theophilus Training College organized a training programme pertaining to robotics design 4<sup>th</sup> to 7<sup>th</sup> April 2016. A group of devoted engineers of Nova Tech Robo International Pvt. Ltd. Bangalore handled the sessions. Students of different age groups participated in the programme. Mrs. Shiney Jacob was the programme co-ordinator.

### TEACHING PRACTICE

Two Month Teaching Practice for the B.Ed. trainees began on 26<sup>th</sup> June 2016. Six schools were selected for the training purpose. An inter-religious prayer was conducted on the 23<sup>rd</sup> afternoon for the B.Ed. students who would begin their teaching practice on 26.06.2016.

### BLESSING CEREMONY

The annual blessing of the college was conducted on first June 2016. The prayer and blessing ceremony was led by the Bursar, Rev. Fr. Thomas Kayyalakkal. Thereafter in solemn function, the new office Superintendent Mr. George Mathew and office staff Mr. Sunil Jose were welcome to the institution.

### A LESSON IN SELF DEFENSE

A Demonstration class in Self Defense was conducted by Adv. Josh Rajan on 17<sup>th</sup> June in the College Auditorium. The B.Ed. students participated in the programme.

### THANKS GIVING HOLY MASS

In connection with retirement of Mr. V. T. Mathewkutty, Office Superintendent, Holy Mass was celebrated in the College Chapel on 31<sup>st</sup> May. Teaching staff, administrative staff and family members of Mr. Mathewkutty participated in the Holy Mass.

### PTA MEETING



The overall development of a student is possible only through the proper interaction among all stake holders of an institution. PTA is an essential part of every educational system. The first PTA meeting of the 2016-18 batch was held on 18<sup>th</sup> July 2016 in the seminar Hall. Ms. Shiney Jacob and Ms. Deepthi Elizabeth Mathew were the teachers in charge.

## Editorial

Ours is a Knowledge Society where knowledge is Gained, Preserved, Used, Shared and Created with unbelievable efficiency. UNESCO defines a knowledge society in the following words: A knowledge society is a society that is nurtured by its diversity and its capacities... It is about its capabilities to identify, produce, process, transform, disseminate and use information to build and apply knowledge for human development. As Mar Theophilus is training teachers for such a knowledge society, it is of utmost importance that the student teachers are provided manifold avenues to cultivate new values and develop new skills and to sharpen their power to learn and lead. In this volume we offer a bird's eye view of the manifold experiences that interpreted teaching career in the last six months. In addition to this there is an article on 'Chase perfection to catch Excellence' by Dr. A. John and 'Techno Life Jacket for classroom Practitioners' by Dr. Laji Varghese. We wish you fruitful reading.

Thiruvananthapuram  
31-10-2016

Dr. Ancy A. S.  
Dr. Joju John



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view "is not a skill. It is an attitude". Aristotle observed, "we are what we repeatedly do. Excellence therefore is not an act but a habit".

Thus runs an anonymous adage: "Excellence is never an accident, it is the result of high intention, sincere effort, intelligent direction, skillful execution and the vision to see obstacles as opportunities". No one can become perfect. Perfection is a mere aspiration. Vince Lombardi is emphatic on this point. He said, "Perfection is not attainable, but if we chase perfection, we can catch excellence". Brian Littrell also gives a similar advice that, "Shoot for the moon. Even if you miss you will land among the stars". With the resonance of this ideal of excellence, Mar Theophilus Training College had its tall stance all its yester years, has it now and will have it in all times to come.



## COMMUNITY LIVING CAMP



As part of the B.Ed. Curriculum, the Community Living Camp was organized from 3<sup>rd</sup> to 6<sup>th</sup> May at Neyyar Dam. The Chief Engineer of the Dam Mr. Jose S. inaugurated the camp. Fr. Sheen Thankalayam, Mr. Hari G. V., Mr. Martin Payyampally, Mr. Sibin Antony, Mr. Jose S. were the resource persons of the programme. Dr. Joju John and Mr. Nadhanine were the camp co-ordinators.

## SOCIAL VISIT



The first year B.Ed. Students of Mar Theophilus Training College participated in the Social Visit to Shalom Special School, Vattappara on 31<sup>st</sup> September 2016. The students were accompanied by Dr. K. Y. Benedict, Dr. Giby Geevarughese, Dr. Joju John and Ms. Sharow. It was a day of introspection and great realization for all those who went there, as they were surrounded by a group of 150 children whose innocence and love developed feelings of empathy in the student teachers. The day was made special with music, dance, and games and it was happy to see all those children happily participating in the programmes with great enthusiasm.

## FORTH COMING EVENTS

The following events are scheduled on the following days

- ❖ Ezuthachan Memorial Inter-Collegiate Quiz : 2<sup>nd</sup> November
- ❖ SPARKZ : 3<sup>rd</sup> November
- ❖ Inter Collegiate Badminton Tournament : 4<sup>th</sup> November
- ❖ Model Exam : 7<sup>th</sup>-11<sup>th</sup> November
- ❖ Re-organization of College Clubs : 11<sup>th</sup> November

## MODEL ASSEMBLY



Assembly serves as a means to assemble the students of the institution together in order to communicate information and share learning experiences. The Model Assembly was conducted by the teaching faculties on 27<sup>th</sup> July 2016 in the college portico, where all the B.Ed. and M. Ed. students of both the batches were assembled. Our assembly included prayer, *Thenthully*, News reading (English, Malayalam and campus news), Principal's message, Pledge, College Anthem, National Anthem.

## EXTENSION SERVICES BY FACULTY MEMBERS

- ❖ **Dr. Bindu B.** participated as resource person in e-PG Padasala project of UGC and Developed eight e-Content Modules on Economics of Education, at the Central Institute of Education and Technology, New Delhi.
- ❖ **Dr. Laji Varghese** handled a class for senior citizens of Y's Mens Association, Trivandrum on 3<sup>rd</sup> October on 'Life style disease and Yoga' and also handled a session for the special summer school at HRDC, University of Kerala on 17<sup>th</sup> October 2016.
- ❖ **Dr. Giby Geevarughese** conducted a series of programmes for women empowerment.
- ❖ **Dr. Laji Varghese** and **Dr. Ancy A. S.** successfully completed the 18<sup>th</sup> Refresher Course in Human Rights conducted by UGC- HRDC at Karyavattom.
- ❖ **Dr. Joju John** participated as a resource person and delivered a talk on Teachers in the National Seminar on Knowledge society at Meston College, Chennai and conducted a one day training programme for all the teachers of Archdiocese of Trivandrum (Latin) and Diocese of Bathery.
- ❖ **Ms. Deepthi Elizabeth Mathew** conducted a training programme for children of prisoners at Trivandrum.



# 70<sup>TH</sup> INDEPENDENCE DAY CELEBRATIONS @ MTTTC

70<sup>th</sup> Independence Day was conducted from 12<sup>th</sup> to 19<sup>th</sup> August 2016 with a weeklong celebrations. A variety of programs were conducted by students of each optional which was an enriching experience that kindled patriotic zeal amongst all.

## MOCK PRESS



The M.Ed. 2016-18 Batch conducted a Mock Press 'Vidambanam' on 19<sup>th</sup> August 2016. There were two sessions, personal introduction and the interview by the judges. Students from each optional participated in the programme. English and Physical Science optional students won the first prize and Mathematics optional won the second prize.

## SPEECH COMPETITION



Social Science Department conducted a Speech Competition on 16<sup>th</sup> August 2016 on the title "Deshasneham Swathanthryathinu Munpum Pinpum". Representatives from all optional participated in the programme. Kiran from Malayalam optional won the first prize Anju, English optional and jobin Mathematics optional won second and third prizes respectively.

## JAI HO 2016



The Mathematics optional conducted a Patriotic Song competition "Jai Ho 2016" on 17<sup>th</sup> August. There were 6 teams names 'Chauri Chaura', 'Dhandi March', 'Jallian-wala Bagh', 'Khilafat', 'Quit India', 'Swadeshi'. On the occasion the name of Mathematics Association 'THEJAS' was launched. English Optional won the first prize, Natural Science Optional won the second and Social Science Optional won the third prize.

## AZADI -2016



Physical Science Optional organized a Poster Presentation and Stage show Programme on 19<sup>th</sup> August 2016. Natural science optional won the first prize, Mathematics second, Malayalam and English shared the third prize.

## VANDE MATARAM QUIZ 2016



The Natural Science optional conducted a Quiz Programme "Vande Matharam 2016" on 16<sup>th</sup> August 2016. The programme consisted of four rounds named General Round, Movement Round, Quotes and Motto Round and Visual Round and six teams participated in the Competition. Malayalam Department won the first prize, M.Ed. Department the second and Physical Science Department won the third prize.

## VARAYARANGU



The Malayalam optional conducted 'Varayarangu' a Stage Show on 17<sup>th</sup> August 2016. Adv. Jithesh, World famous fast cartoonist, was the chief guest.

## FLASH MOB



The students of English Department conducted a Flash Mob on 12<sup>th</sup> August, 2016. It was a collaboration of Dance, Group Song and Ottamthullal. Whole class actively participated in the programme under the supervision of teacher in charge De Laji Varghese. The programme was successful enough to bring about unity and spirit of nationalism among the College Community.



## TEACHER'S DAY CELEBRATIONS @ MTTTC



In the diamond jubilee year, the College union proudly organized a programme "Gurudhakshina" as part of teachers' day celebration. Dr. Susan Joseph, former Principal, was the chief guest. She gave valuable pieces of advice on becoming committed teachers. Students offered their respects to the guest and the entire teaching faculty.

## CAMPUS INTERVIEWS



Placement cell of Mar Theophilus Training College organized a Campus interview. Students from all optional participated and had a good experience.

## WORKSHOP ON VALUE EDUCATION

Two days workshop on Value Education was organized by AIACHE on 31<sup>st</sup> Oct. and 1<sup>st</sup> Nov. at Mar Ivanios campus. Ms. Shiney Jacob, Ms. Deepthi Elizabeth Mathew and students' representatives have participated in the programme.

## WELCOME TO THE GALAXY OF MTTTC FAMILY



**Mr. George Mathew**  
Junior Superintendent



**Dr. A. John**  
M.Ed. Co-ordinator



**Ms. Sharow Geeth Vincent**  
Guest Faculty



**Mr. Sunil Raj**  
Administrative staff



**Ms. Liji Mathew**  
Administrative staff

## NILAAVU 2016



The sixtieth Arts Fest of Mar Theophilus Training College Nilaavu 2016 was conducted by the college union on 19<sup>th</sup> and 20<sup>th</sup> of October 2016. The fest was inaugurated by Mr. B. Murali, eminent Journalist and story writer. The fest included individual and group items and was held in two stages namely sargaleya and chamayam. Facebook, Google and Whatsapp were the three groups participated in the fest and facebook evolved as the champions of the fest. The team whatsapp bagged the runner-up trophy.

## REMEDIAL TEACHING IN OUR MODEL SCHOOL



100 hour remedial teaching programme on functional English for competency building was organized by 2015-17 college union on 12<sup>th</sup> August 2016 under the Guidance of College Union Advisor Dr. Laji Varghese at St. John's Model School, Nalanchira. Dr. K. Y. Benedict, the Principal, inaugurated the programme. The first phase of teaching was "Learning Readiness" which helped the students to achieve a readiness for learning English.

## TALENT HUNT



Education aims at the overall development of the child. In any education system there should be enough opportunities for the students to explore their talents. Students from each optional get chances to exhibit their talents through this programme. Talent Hunt of 2016-18 batch was held on 30<sup>th</sup> August 2016.



## ONAM CELEBRATION



Onam celebrations of the year 2016 was inaugurated by Dr. Jolly Jacob, Professor of Mar Ivanios College, Nalanchira on 9<sup>th</sup> September. Onappookkalam, Megathiruvathirakkali (70 participants) and *Onapattu* competition were the major attractions. Mahabali arrived and greeted the students on the occasion. After the delicious *Onasadya*, there were games under the leadership of Dr. T. P. Jose.

## SPARKZ-2016



The preliminary selection of inter-collegiate competition for the best prospective teacher-'Sparkz-2016' instituted in honour of Rev. Sr. Dr. Mercykutty A., Former Principal, was conducted on 26<sup>th</sup> October, 2016. Mr. Shihas, Natural Science Optional and Ms. Divyaja, English Optional, were selected for the final round.

## FOOD FOR LOVE.

Physical Science optional and the College Union initiated a programme namely 'food for love'. They collect food packets from staff and students and distribute it to the needy every Wednesday.

## RESEARCH WING NEWS

### RESEARCH GUIDES MEETING

Research Guides meeting was held on 30<sup>th</sup> May at Department of Education Thycaud. Dr. K. Y. Benedict, Dr. Giby Geevarughese and Dr. Maya S. participated in the meeting.

### REVIEW OF RESEARCH

Review of Research of the students registered at the Mar Theophilus Research Centre was held on 25<sup>th</sup> May 2016.

## OPTIONAL FIELD VISIT



The students of English Department conducted field visit to Agathumuri, Trivandrum on 21<sup>st</sup> October 2016. Dr. Laji Varghese and the 12 students visited Anchengo Fort and Varkala beach. The visit was informative on many grounds and it enabled them to enjoy and appreciate the culture and beauty of India.

The Physical Science and Mathematics optional students selected Planetarium as their field visit center. Dr. K. Y. Benedict and Ms. Deepthi Elizebeth Mathew accompanied the team. The Priyadarshini Planetarium was an apt place for field visit as it contained simple demonstrations on basic Science. The 6D show, Thrillarium a unique show, and innovation hub, which provides support to innovative ideas, were the events of attraction.

Malayalam optional students conducted the field trip to Podiyakala, single teacher school, under the leadership of Mr. Nadhanine. The teaching strategies and the environment really influence the students.



Natural science optional students with their teacher in charge Ms. Shiney Jacob visited Tropical Botanic Garden and Research Institute (TBGRI), a R & D Institution established in 1979 by Government of Kerala for conserving the tropical plant genetic resources and to develop strategies for their sustainable utilization and Mankayam, Eco tourism centre situated near Palode.

Social science optional students, with their teacher-in-charge Dr. Bindu B, visited Kuthiramalika, the historical monument as their tour destination. They could understand the historical importance and the architectural beauty of the place.





## Congratulations



**Dr. Laji Varghese**  
(Asst. Professor in Education)  
Awarded Ph.D. in Education from  
University of Kerala, under the  
Guidance of Dr. A. Theresa Susan



**Dr. Neena Thomas**  
(M.Ed Faculty)  
Awarded Ph.D. in Education from  
University of Kerala  
under the Guidance of Dr. K. Y. Benedict



**Dr. Bindu B.**  
Secured MBA degree in Educational  
Management from Alagappa University,  
Tamil Nadu



**Dr. Giby Geevarughese**  
Selected as the Chairperson of the  
Board of Studies Education (PASS)  
University of Kerala

### INTER RELIGIOUS PRAYER



The academic year 2016-18 had a blissful start with prayers being rendered from the Holy Bible, Holy Quran and Bhagavath Gita by the M.Ed. Department on 18<sup>th</sup> July 2016. The students, teachers and of administrative staff members participated in the programme. The prayer was followed by an official meeting, which was inaugurated by our Bursar Rev. Fr. Thomas Kayyalakkal. Dr. John A., M.Ed. Course Co-ordinator, delivered a message in the occasion. Dr. K. Y. Benedict, Principal introduced the staff and gave a brief schedule of the course. Regular classes began on 19<sup>th</sup> July.



**Dr. Bindu B.** and **Dr. Maya S.** participated and presented papers on International Seminar organized by Common Wealth Council for Educational Management and Administration at Chunda Palace, Udaipur, Rajasthan.

### SPORTS FEST 2016



The sixtieth sports fest of Mar Theophilus Training College was conducted on 7<sup>th</sup> October 2016. The fest was inaugurated by Ms. Boby Aloysious (Olympian) by hosting the flag and receiving the salute of the march past, which was the main attraction of the fest. Facebook, google and whatsapp were the three teams participated in the fest. Students participated in the individual as well as group items. Google won the overall and Whatsapp bagged the runner up trophy. Ms. Anuja was selected as 50 metre race champion. Dr. Shafi Thompson and Mr. Akhil Babykuty were the Men Champions and Sr. Mini M. Jose was selected as the fastest woman.

### WORKSHOP ON ACADEMIC WRITING

A one day workshop on 'Academic Writing Skill and Style Manuals' was organized by Mar Ivanios College library and the Research promotion and Ethics committee on 29<sup>th</sup> September 2016 at Mar Ivanios College. Teaching faculty and post graduate students participated in the workshop.



## Post Graduates' Corner

### M.Ed. EXTERNAL EVALUATION



The final phase of research proposal presentation and finalization of title of M.Ed. Theses of the 2015-2017 batch was conducted on July 22<sup>nd</sup>, 2016. The Dean of Department of Education, Dr. P. J. Jacob, was the chief evaluator. The interaction between the dean and the students was a very fruitful and the same helped the students in better tool preparation and successful completion of their theses.

### M.Ed. 2016-18 NEW BATCH INAUGURATION



The M.Ed. 2016-18 batch was inaugurated on 4<sup>th</sup> of July 2016. Dr. K. Y. Benedict delivered the introductory speech, Rev. Fr. Thomas Kayyalakkal, Bursar inaugurated the course. Dr. John, new M.Ed. course coordinator was also welcomed to the family in the programme.

### M.Ed THESIS SUBMISSION

2015-17 M.Ed Batch Submitted their M.Ed. dissertation on 15<sup>th</sup> October 2016. The staff and students gathered in the chapel and Rev. Fr. Thomas Kayyalakkal, Bursar blessed and prayed for the students before submitting the theses.

### M.Ed. FIELD TRIP



As part of the academic programme M.Ed. students, under the guidance of M.Ed. faculty visited Kanthari and Child Development Centre on 26<sup>th</sup> September 2016. Kanthari is an institution that works for the marginalized to realize sustainable social change, by providing tailored leadership training and Child Development centre, is an autonomous centre established by the Government of Kerala with the intention of giving training in Early Child Care & Education, Adolescent Care & Education, Pre-marital Counselling, Women's Welfare and other related fields.

### WORKSHOP ON COMMUNICATION AND SOFT SKILL DEVELOPMENT



Post graduate department of MTTC organized a workshop on communication and soft skill development on 3<sup>rd</sup> October 2016. Mr. Manoj G., an expert trainer in the field, handled the session.



3 day workshop on Expository writing handled by Dr. Asha on 1<sup>st</sup> November - 3<sup>rd</sup> November 2016.

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